

30 Hour Famine Packing List

1. Sleeping Bag or blankets
2. Pillow
3. Bible
4. Notebook
5. Pen/Pencil
6. Clothes to work in
7. Water Bottle
8. Toothbrush & Toothpaste
9. Deodorant
10. Extra change of clothes
11. Shower items (we have one shower at the church that could be used as well as students could use bathroom sinks)